

21 Days of Prayer and Feasting!

1 Peter 2:2



New Mt. Moriah Missionary Baptist Church

Corporate Fast
January 7th - January 27th 2019

New Mt. Moriah Missionary Baptist Church Corporate Fast

GROW: 21 Days of Prayer & Feasting!
Monday, January 7, 2019 thru Sunday January 27, 2019
Daily Prayers & Scripture Meditations

Greetings fabulous faith community! At the start of each year, our church partakes in 21 days of prayer and fasting. This spiritual discipline allows us to reset and refocus on God by removing things we normally enjoy. As Christians, our goal is to bring glory to God by becoming more like Christ in our attitudes, actions, and abilities in order to attract others to Him. Therefore this season's fasting and prayer experience will focus on our 2019 Church Vision "***GROW***".

1 Peter 2:2 encourages us, "Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation." Therefore during this 21 days our goal is not only to fast and pray but we will feast on the Word of God. Our challenge is to use the time we would normally spend on other things and develop a hunger for the Word of God. It is my belief that as we take the time to listen to God that He has great and wonderful things to share!

In this handout you will find details of the fast and helpful resources to encourage your spirit during these 21 days. Connect with us at www.newmtmoriahmbc.org for other information. Unite with us also on pray.com as I will be sending out daily prayers during the 21 days. Get ready to GROW!

Peace and Favor!
Pastor Mike

FASTING 101

What Is a Fast?

- Fasting is a deliberate abstinence from physical gratification for a period of time in order to achieve a spiritual purpose. It is a denial of the flesh to say yes to the Spirit. Typically, food is the object of a fast. However, it can apply to other things as well. A believer can fast from TV, social media, or any number of things that our flesh desires. The commitment to fast allows us to focus on God by removing things we normally enjoy and replacing them with prayer and Bible study. Scripture describes the fasting of numerous individuals including Jesus (Matthew 4:2), Daniel (Daniel 1:12), John the Baptist (Matthew 3:4) and Esther (Esther 4:16).

FASTING Guidelines

Here are some important things to remember:

***Important exceptions: Use your discretion along with the advice of your physician and prayer to modify the Fast to adhere to your medical needs.**

Anyone with a medical condition related to eating or under the treatment of a physician must consult their doctor before proceeding. Also, if you have extreme difficulty with the fast, such as an impairment of your ability to work at your job, you will have to make adjustments. Utilize wisdom. Seek the Lord and discuss it with other Christians involved in the fast, to find alternatives.

* Water: Drink 6-8 glasses of water daily throughout the fast. This is very important.

* You may experience moderate to severe headaches for the first day or two as your body rids itself of various impurities. You may need to take Advil or aspirin. If your doctor has advised against Advil or aspirin, please contact your doctor for an alternative.

*On the days that you are not fasting, do not over eat, and ease your way back into following your typical diet.

FASTING LEVELS

We will fast for a total of 21 days (January 7th- January 27th). For this fast, you have several different options to choose from. The commitment levels allow you to be more flexible to your needs to make your fast as personal as possible. Be led by God and **SELECT A LEVEL THAT WILL WORK FOR YOUR COMMITMENT. Please choose at least one option from each category as your actions items for this fast.**

***Please consult with you primary care physician before making any changes to your diet.**

Category 1: Physical

1. Participate in a Selective fast. This type of fast involves removing certain elements from your diet like sweets, caffeine, sodas, etc. Different types of selective fasts (Daniel fast, Elijah fast, etc) can be found in the handout.
2. Participate in a Partial fast. This fast is sometimes called the Jewish Fast and involves abstaining from eating any type of food from 6 am to 6 pm.
3. Participate in 30 minutes of physical exercise Monday- Friday.

Challenge: During the Final 3 days of the fast (Jan.25-27), participate in a Total fast. This fast is an all day all liquid fast. Keep in mind that all water/juices must be 100% fruits or veggies. No sugars.

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Category 2: Social/Technological

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1. Eliminate browsing or using Social media (Facebook, Instagram, Twitter, SnapChat) for personal pleasure.
 2. Eliminate TV(Cable and satellite TV, Netflix, Hulu, movie theaters) or something that occupies a good portion of your time from 6am-6pm.
 3. Find a prayer partner with whom to pray daily.

Challenge: During the final 3 days of the fast (Jan 25-27), participate in a 3 day Silent meditation. Participants will silence themselves from unnecessary noises (Phone conversations, Social media, TV)

Category 3: Financial:

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1. Eliminate spending money on non-essential daily routine purchases (Cup of coffee, lunch, candy, etc).
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2. Eliminate spending money on non-essential personal items (extra clothing, electronics, etc.)
3. Make a budget for the month and follow the 10-10-80 principle: Tithe 10%, Save 10%, Live off the remaining 80%.

Challenge: During the final day of the fast (Sunday January 27th), from the money that you have saved during this fast, make an offering of at least 31 dollars back to God to go toward our 20/20 Vision.

My Fast Action Items:

Physical Option/s: _____

Challenge: Yes or No

Social/Technological Option/s: _____

Challenge: Yes or No

Financial Option/s: _____

Challenge: Yes or No

FAST OPTIONS

Below are options that can be utilized to assist in your fasting for R.E.C.O.V.E.R.Y.:

OPTION #1: The St. Paul Fast
Abstain from all foods and drinks.
Focus: Fasting for wisdom and insight from God.

OPTION #2: The Daniel Fast

Fruits and vegetables only.
Focus: Fasting for good health and for obedience toward God.

OPTION #3: Ezra and Esther Fasts
Abstain from sodas and sweets (desserts, pies, cookies, cakes, candy, etc.); natural sweeteners and fruits are okay.
Focus: Fasting to solve problems and to seek protection from the evil one.

OPTION #4: Samuel, Widow's and John the Baptist Fasts
Abstain from all types of fried foods and breads.
Focus: Fasting to win people to Christ and to get God to pour Himself out on mankind; fasting so that the needs of others will be met; and fasting for a stronger testimony and influence.

OPTION #5: Disciples' and Elijah Fasts
Abstain from meats and sweets.
Focus: Fasting to break addictions and every yoke.

FAST TYPES

❑ THE DISCIPLES' FAST

Fasting to break addictions.
Matthew 17:20, 21

❑ THE EZRA FAST

Fasting to solve problems and
to seek protection.
Ezra 8:21-23

❑ THE SAMUEL FAST

Fasting to win people to Christ
and to get God to pour Himself
out on mankind.
1 Samuel 7:1-8

❑ THE ELIJAH FAST

Fasting to break every yoke.
1 Kings 19:2-10

❑ THE WIDOW'S FAST

Fasting so that the needs of
others will be met.
1 Kings 17:12

❑ THE SAINT PAUL FAST

Fasting for wisdom and insight
from God.
Acts 9:9-12

❑ THE DANIEL FAST

Fasting for good health and for
obedience toward God.
Daniel 1:12-20

❑ THE JOHN THE BAPTIST FAST

Fasting for a stronger testimony
and influence.
Matthew 3:4, Luke 1:15

❑ THE ESTHER FAST

Fasting for protection from the
evil one.
Esther 4:16



How to Fast Successfully

1. Consult with a doctor before you begin a fast
2. Be aware that the devil will come and tempt you (Matthew 4:#)
3. Do not make it obvious (Matthew 6:16)
4. Set a goal (Daniel 9:3)
5. Write down the date you start date and end date and journal daily (Habakkuk 2:2)
6. Start with something you can do
7. Pray without ceasing while you fast
8. Read the Bible or devotional when you would normally eat
9. Draw nigh to God and resist the devil (James 4:8)
10. Do not over eat when you finish your period of fasting.

Hindrances to an Effective Fast

1. Wrong motives (Matthew 6:16) To get adoration from others or to impress God (Isaiah 58:3)
2. Unforgiveness (Matthew 6:14-15)
3. Selfishness (Isaiah 58:3)
4. Continued Sin (Isaiah 58:4)
5. It becomes religious instead of relationship oriented (Isaiah 58:5)
6. Inconsistency (Matthew 7:7)

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This devotional time is intended to help you grow closer to God by tuning in to His voice. Every day start with at least 5 minutes participating in the 3 P's: 5 minutes Reading a **Passage**, 5 minutes **Praying** to God, and 5 minutes **Praising** God. Repeat the process at night!

Week 1

Weekly Reflection

Read more about Jesus' fast and temptation in Luke 4:1-13. Jesus was tempted in every way, but without sin. We are tempted to sin in a variety of different areas, sex outside of marriage, gossip, overeating, laziness, etc. Everybody is tempted in different ways. Reflect on the areas in your life where you are tempted. List them below. Pray for God to give you strength not to give in to those temptations.

Day 1 Monday, January 7

“Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry.” Luke 4:1-2

Today marks the beginning of our 21 day fast. In the scripture above, Jesus fasted for 40 days and nights in preparation for his earthly ministry. Just like our Lord sacrificed and laid aside that which would meet his physical needs, we as believers can abstain from certain foods, drinks or other luxuries to prepare to be used by God in this brand new year.

Day 2 Tuesday, January 8

“For I know the plans I have for you,’ declares the Lord, ‘Plans to prosper you and not to harm you, plans to give you hope and a future.” (Jeremiah 29:11) ***“But as it is written: ‘Eye has not seen, nor ear heard, nor have entered into the heart of man the things which God has prepared for those who love Him.”*** (1 Corinthians 2:9)

Father, today, I join with my church family as we seek you individually and corporately for strength and power from the Holy Spirit to sustain us during this season. Father, we ask that you will help us keep our commitment, and please give us a joyful heart as we push things aside

to draw closer to you. We trust you Lord, and the plans that you have for our lives. We walk by faith and not by sight. We stand in anticipation of all that you will manifest in us, through us, and in the life of this ministry. We thank you in advance, In Jesus' name we pray, Amen.

Day 3 Wednesday January 9

“Then I proclaimed a fast there, at the river of Ahava, that we might afflict ourselves before our God, to seek of him a right way for us, and for our little ones, and for all our substance.” Ezra 8:21-23

We fast and pray today with a heart of thanksgiving and praise. Dear Lord, we thank you for bringing us through another year, another month, another day, another hour. In spite of the circumstances that may face us at home, on our jobs, at school, in our finances, or in our relationships, we choose to give you praise. For there is no other like you and you are worthy of all of the glory and praise. You are all seeing, all knowing, merciful, gracious and so kind. Your name is matchless and your love is boundless. You are a keeper, a protector, a provider, a healer, a counselor and a way maker. Please guide us and guard us as we journey in this new year. In Jesus' name we pray. Amen.

Day 4 Thursday, January 10

“Even now,” declares the Lord, “return to me with all your heart, with fasting and weeping and mourning.” Rend your heart and not your garments. Return to the Lord your God, for he is gracious and compassionate, slow to anger and abounding in love, and he relents from sending calamity.” Joel 2:12

Father God, we humble ourselves and come before you today with prayers of confession. Father, we confess by name those things that we did, said and thought that were not pleasing to you. Father, we ask forgiveness for the sins of commission – the things we've done, that you told us *not* to do, and for the sins of omission – the things that you told us *to* do, that we've left undone. Please touch our hearts. We ask Lord, that you would cleanse us, purge us and purify

us from the inside out. Please touch our will, our motives, our attitude and our emotions. May we be transformed and may our lives be pleasing unto you. We thank you in advance for having your way. In Jesus' name we pray, Amen.

Day 5 Friday, January 11

“When they had assembled at Mizpah, they drew water and poured it out before the LORD. On that day they fasted and there they confessed, “We have sinned against the LORD.” Now Samuel was serving as leader of Israel at Mizpah.” 1 Samuel 7:6

Father, we pray for a closer walk with you today. We thank you that we can draw near to you and you will draw near to us. We pause in this moment; quieting ourselves, and seek you alone.

Day 6 Saturday, January 12

“Those who come to God must first believe that He is, and the He is a rewarder of them that diligently seek Him.” Hebrews 11:6

Father we pray today that our faith will increase as we trust God in every area of our life. We pray for greater faith in the midst of uncertainty and instability. Though the world is ever changing, thank you that you remain the same. Thank you for being so reliable, dependable, and trustworthy. We pray for greater victories as we believe God more and more. Also let our faith always be combined with works.

Day 7 Sunday January 13

“Delight yourself in the Lord and He will give you the desires of your heart.” (Psalms 37:4)

Father we pray that this church will always operate in faith according to the Word of God (Romans 10:17). We pray that you will cultivate in us a heart that delights in your Word. Help us meet with you consistently through your Word in our private times as well as corporately in Sunday School and Bible Study. Please Lord order our steps in your word so that we will know your will and way.

Week 2 Reflection

We are fasting for the purpose of drawing closer to Christ. Instead of sharing with others that you are fasting, find a way to share Christ with those in your family, on your job, or any place where you have influence. Knowing Jesus Christ will do more good than knowing that you are fasting

Day 8 Monday January 14

“When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.” Matthew 6:16-18

Fasting, although done as a church, is a private experience. It can be easy to get caught up in the need to be seen so others can perceive you as “SPIRITUAL” and, therefore, noble or honorable. There is some value in allowing others to know that you are fasting to help them grow or even to expose them to this practice. Yet, we have to check our motives to ensure that we are not sharing this experience with others for the wrong reason. Commit to not sharing your experience with others unless it is necessary or beneficial for the person receiving the information.

Day 9 Tuesday January 15

“So I turned to the Lord God and pleaded with him in prayer and petition, in fasting, and in sackcloth and ashes. I prayed to the LORD my God and confessed: “Lord, the great and awesome God, who keeps his covenant of love with those who love him and keep his

commandments, we have sinned and done wrong. We have been wicked and have rebelled; we have turned away from your commands and laws.” Daniel 9:3-5

Father God we fast and pray asking forgiveness. Forgive us for sins of omission and commission. Forgive us for sins of thought, word or deed. We believe your word in 1 John 1:9, “If we confess our sins, He is faithful and just to forgive us our sins and cleanse us from all unrighteousness.”

Day 10 Wednesday January 16

“Then she lived as a widow to the age of eighty-four. She never left the Temple but stayed there day and night, worshiping God with fasting and prayer.” Luke 2:37

Father God, we fast requesting that your presence will abide with us in a special way today. We desire to have intimate fellowship with you. Touch our hearts that we may seek your face in prayer, have a hunger for your word, and offer up sincere sacrifices of worship and praise.

We hold fast to the promises that you’ve provided to us in Your Word. “Blessed are they who keep His statutes and seek him with all their hearts.” (Psalm 119:34). We bow in reverence to your awesome power, love, and authority. There is no other like you. Help us to walk in obedience to your will and to your way.

Day 11 Thursday January 17

“Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in unto the king, which [is] not according to the law: and if I perish, I perish.” Esther 4:16

Father, today we fast and pray, seeking your guidance and blessing for our personal needs. Lord God, we know that your Word is true; that you will supply all of our needs according to your riches in glory. (*Philippians 4:19*) Please help us to stand in faith, seeking your kingdom and your righteousness, so that all we need can be added to us. (*Matthew 6:33*) Thank you in advance for all of your provisions and for hearing our prayer.

Day 12 Friday January 18

"The Ninevites believed God. A fast was proclaimed, and all of them, from the greatest to the least, put on sackcloth. When Jonah's warning reached the king of Nineveh, he rose from his throne, took off his royal robes, covered himself with sackcloth and sat down in the dust. This is the proclamation he issued in Nineveh: "By the decree of the king and his nobles: Do not let people or animals, herds or flocks, taste anything; do not let them eat or drink. But let people and animals be covered with sackcloth. Let everyone call urgently on God. Let them give up their evil ways and their violence. Who knows? God may yet relent and with compassion turn from his fierce anger so that we will not perish." Jonah 3:5-9

Today we fast and pray with an attitude of Gratitude. Lord Jesus, thank you for forgiving our sins and for adopting us as your children (Ephesians 1:5).

Day 13 Saturday January 19

"And it came to pass, when I heard these words, that I sat down and wept, and mourned [certain] days, and fasted, and prayed before the God of heaven," Nehemiah 1:4

Today we fast and focus on your invincible Truth. "But now, this is what the Lord says—'Fear not, for I have redeemed you; I have summoned you by name; you are mine. When you pass through the waters, I will be with you; when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned

Day 14 Sunday January 20

"While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." So after they had fasted and prayed, they placed their hands on them and sent them off. The two of them, sent on their way by the Holy Spirit, went down to Seleucia and sailed from there to Cyprus." Acts 13:2-4

Father, God, as we fast and pray today, our desire is to be your Disciples. May we be committed to exalting the Savior, evangelizing the sinner, equipping the saints, and enriching the lives of those in society. As we commit to the mission of this ministry and come alongside the God-given vision of our Pastor, Father we ask that you would help us to stay focused on your will and experience victory in every aspect of our lives.. Thank you in advance for having your way.

Weekly Reflection

In Isaiah 58, God lists various ways the children of Israel could demonstrate time spent with Him during their fast. (Read Isaiah 58:6-9) List several ways that you can demonstrate your time with Christ in your actions. For example, while you are fasting from food, you could commit to also stopping behaviors that are disrespectful to others such as interrupting others when they are talking or complaining about your job to others.

Day 15 Monday January 21

'Why have we fasted,' they say, 'and you have not seen it? Why have we humbled ourselves, and you have not noticed?' "Yet on the day of your fasting, you do as you please and exploit all your workers. Your fasting ends in quarreling and strife, and in striking each other with wicked fists. You cannot fast as you do today and expect your voice to be heard on high"

Isaiah 58:3-4

As we fast , it will is easy to focus on the physical aspects of abstaining from food or whatever you are choosing to remove from your daily routine. However, it is important to understand that God is not looking at what foods you are choosing to eat, but He is looking at your character. As the passage states, God will not recognize our actions in fasting, if our behavior has not changed. The people of Israel thought they would see God moving in their lives simply

because they fasted, but God helps them to reflect on their behavior. “You cannot fast as you are doing today and expect your voice to be heard.” He wants our attitudes and actions to reflect our time spent with Him.

Day 16 Tuesday January 22

“Where there is no vision, the people perish; but he that keepeth the law, happy is he.”

Proverbs 29:18 KJV

Dear Father, God, We desire as a church to grasp the vision you have for us and RISE to the standards that you have set. We pray that you would lead and guide us in the direction that you would have us to go. Lord, help us to understand the church vision that you have for us, and may we be sensitive to your guidance. I ask that you prevent us from seeking to implement our own inferior ideas instead of your plans and purposes. Heavenly Father, help us not to destroy your vision. Draw us closer to each other and to you, as we seek your face together in prayer. May you strengthen our inner man to carry out your plan. We pray and ask these things in Jesus’ name. Amen.

Day 17 Wednesday January 23

“Paul and Barnabas also appointed elders in every church. With prayer and fasting, they turned the elders over to the care of the Lord, in whom they had put their trust.” Acts 14:23

Our prayer as we fast today is for our Ministry Team and Administrative Staff. We hold them in highest regard. Please bless and keep them as they endeavor to do kingdom work. Father, may they be mindful of the privilege to serve in your House and to serve your people. May your love saturate their thoughts and conversations. May they seek your face in decision making, knowing that their power comes from you. We pray for unity and like-mindedness. May they walk in love, with a spirit of encouragement and helps. We come against every contrary plan and tactic of the enemy, in Jesus’ Name, thanking you in advance for the praise report. Thank you for strengthening and renewing each staff member to carry out the work of this ministry.

Day 18 Thursday January 24

“So he was there with the LORD forty days and forty nights. He neither ate bread nor drank water. And he wrote on the tablets the words of the covenant, the Ten Commandments.”

Exodus 34:28

God, I adore & love you. You are sweet, loving and amazing. You are everything I need you to be and for that I'm grateful. God search me and remove anything in me that doesn't please, honor, or reflect you. Create in me a clean heart and renew a right spirit within me. God, I desire to be closer to you. I desire to live a life that represents you in everything I say, think, and do. Renew my heart so that I will love as you love. Renew my mind that I will think like you. Renew my spirit that I will stay connected to you.

Day 19 Friday January 25

“Train up a child in a way that he should go and when he is old, he will not depart.” Proverbs 22:6

Father, we fast and intercede today for children and teens within our church, our families and communities. Whether we are biological or spiritual parents, grandparents, aunts, or uncles to a child in our lives, we thank you for the awesome task that you have given us. May we raise them up with the kind of values that honor you. (Proverbs 22:6) May we seek to walk with integrity and character before them. Please show us how to nurture them, love them, guide them, and to communicate with them. May we teach them spiritual truths and that they may come to saving knowledge of, and personal relationship with Jesus Christ. Please protect and cover them as they travel to and from school, extracurricular and social activities. Please empower them to make good decisions and to stand against all negative peer pressures. May they realize their true value and worth in you. Please reveal their talents and abilities, so that we as adults may help them further cultivate them, for your glory. May your purpose be revealed in their lives. We cancel every tactic and assignment of the enemy that would seek to persuade them to settle for anything less than your best! It is in the mighty name of Jesus that we pray, Amen.

Day 20 Saturday January 26

“And he said unto them, This kind can come forth by nothing, but by prayer and fasting.” Mark 9:29

Father, we ask that you will help us be the church that you have called for - A House of Prayer. We desire today to seek your face concerning all areas of our lives; realizing that there is nothing too hard or nothing too small for You. We ask in faith, in the name of Jesus, that you will convict our hearts to pray in the spirit on all occasions, with all kinds of prayers and requests. We desire to always be alert, praying earnestly for our Pastor and First Lady, their children, their families, our church family, and for all of the saints. (Ephesians 6:18) Help us to hear your voice and to be obedient to your leading. We ask that you will help us stay committed to the plan that you have for our church. Help us to call upon your name in prayer and to wait patiently for your reply. (Psalm 37:7) Thank you in advance for hearing our prayers, In Jesus' name, Amen.

Day 21 Sunday, January 27

“I can do all things through Christ which strengthens me.” Philippians 4:123 KJV

Heavenly Father, I come to you with thanksgiving in my heart and a praise on my lips. Thank you God for the opportunity and privilege of prayer. Thank you for granting us wisdom, understanding, direction and strength as we have journeyed 21 days. Thank you for hearing our prayers and we believe that our prayers have been answered. Continue to strengthen us individually as well as collectively to glorify and magnify you in all that we do. In Jesus' name. Amen.

S. O. A. P. BIBLE STUDY METHOD

A SIMPLE SYSTEM FOR DEVOTION

GETTING STARTED

Identify a consistent time and place to meet with God.
Turn off all distractions to focus on your time with God.
Using a bible reading plan greatly assists your passage selection.

SCRIPTURE

Read the entire passage of scripture that you have identified.
Pick one verse from the passage that speaks to you.
Copy that verse at the top of your entry for that page.

OBSERVATION

Observe what the verse says. Think about who it was addressed to and why it was written. Ponder its meaning, tone and purpose.
Take several moments to meditate on it and let it soak into your heart.
Write down your observations in a paragraph or a few sentences in your journal.

APPLICATION

Write out how you plan to put into practice the lesson from what you have read?
How will you be different today as a result of what you've just read? How does this verse apply to me?

PRAYER

Write out word for word your prayer to God based on your reading.



Resources To Feed Your Spirit

Read

1. **The Bible** – Read God’s Word daily and take time to meditate upon the scriptures. Specifically read the scripture from faithlifebible.com.

Prayer & Study

Online Bible Study Tools

1. Faithlifebible.com- This is a great online Bible Study tool provides explanations, illustrations, maps, etc. Create a personal login and connect with us by joining the New Mt. Moriah group for daily Bible Study.
2. Men’s Prayer Force (mensprayerforce.com/pray-like-a-man)
3. Girlfriends Pray (Girlfriendspray.org)
4. Attend Intercessory Prayer on Sunday Morning at 9:15
5. Participate in the prayer app (prayer.com/nmmbc)

Praise & Worship

1. AM-FM/Satellite Radio – Change the radio station in your car or on your computer to Christian music.
2. Pandora (pandora.com)
3. Feel Good Gospel (feelgoodgospel.com) – Tune in, Watch & Listen in 24/7
4. Cable Gospel Music Station
5. Invite family and friends to a worship service and our WOW worship January 11th and January 18th.

Watch

Television Networks with Christian/Family programming. Check your Channel Guide for station numbers.

1. TBN – Trinity Broadcasting Network
2. The Word Network
3. The Church Channel