



New Mt. Moriah Baptist Church
WOW Bible Study
January 13, 2021

Pastor Mike

2021 Focus: HEALTH

Monthly Theme: JOURNEYING WITH JESUS

SPIRITUAL HEART CHECK-UP!

Mark 4:1-20

BACKGROUND TO UNDERSTAND THE BREAKDOWN: Thousands of people a day die from it. Millions of people in the United States live with it. The cost of preventing it ranges in the billions in the U.S. alone What is it? It's **heart disease**. Our world is suffering immensely not only from physical heart disease but spiritual heart disease. How's the health of your heart today? In this lesson, our Savior will use His spiritual stethoscope, to show us the condition of our hearts.

1. **IDENTIFYING THE HEART-** THE CORE OF OUR BEING, THE CENTER OF
OUR INNER LIFE

PROVERBS 4:23; MATTHEW 15:18-20

2. **ISSUES WITH THE HEART:**

- A. CONGENITAL ISSUES- JEREMIAH 17:9
- B. CAUSED BY BAD DIET
- C. COMPLICATED BY LACK OF EXERCISE

IN OUR TEXT JESUS USES A PARABLE WHICH INVOLVES A SOWER, SEED, AND SOILS TO SHOW US THE CONDITION OF OUR HEARTS. EACH OF THE SOILS REPRESENTS A TYPE OF HEART.

I. **Stubborn** Heart vs. 4,15

Be careful not to allow the enemy to **snatch** the Word!

II. **Shallow** Heart vs. 5-6, 16-17

Be careful not to stay on the **surface**!

II. **Strangled** Soil vs. 7, 18-19

Be careful not to become distracted by **stuff**!

V. **Successful** Soil vs. 8, 20

Be careful to **surrender** to the Word!

What needs to happen in my heart to bear fruit?

- 1. I must be **Open** to the Word
- 2. I must **Obey** the Word
- 3. I must **Operate** by faith in the Word

Three Ways to Give: 1. Text Newmtmoriah to 77977; 2. Give online www.newmtmoriahmbc.org; 3. Drop your offering in the drop-box at the church.